



Newsletter No: 8

12th January 2024

Weekly Merit Certificates

Fireflies: Sophie & Felicity

Dragonflies: Pippa & Reuben Ladybirds: Lewis & Darcey

Dear Families,

Happy New Year! The children have made an excellent start back. During the inset day, our staff received training around 'Zones of Regulation' which you have been sent detailed information about already. The children are responding really well to this and recognising which zone they are in throughout the day. We've even had feedback that some of our younger children are using this language at home! If you would like to know more about this and how it could be adapted at home please let us know as we would be happy to work on this with you.

It is still the time of year where many illnesses are circulating however it is important for children to attend school everyday where possible. If they have a cough, cold or feeling under the weather please send them in to school as we will always contact parents if we feel they are not well enough to be in. We continue to monitor weekly attendance and where we are concerned, we will be contacting parents to discuss how we can support your child attending regularly.

It's great to be back!

Mrs Arrowsmith

Next week....

Tuesday ~ Dragonflies Swimming

Thursday ~ Winnie the Pooh Lunch for those who have prebooked – Home packed lunch needed if you have not prebooked as there are no other options that day.

School Contact Details: Telephone (01553) 617246 Email: Office@stg.unity-ed.uk
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Website: www.stgermansacademy.co.uk



Welcome to our half termly SEND Shout out! A section of the newsletter addressing important and helpful information relating to SEND (Special Educational Needs and Disabilities).

This week we are talking about **Zones of Regulation**.

This is an emotional literacy program that we have introduced across the school to help children self-regulate and build toolkits to help them manage their emotions. All classes have already started to use the language associated with this and have display boards up in classrooms highlighting each zone.

Being able to self-regulate is a really important skill and not one that is easy to adopt without practice. A parent handout has already gone home this week and there is more information on this link. [Zones of Regulation parent information.](#)

What are the different Zones?

The **ZONES** of Regulation®

BLUE ZONE Sad Sick Tired Bored Moving Slowly	GREEN ZONE Happy Calm Feeling Okay Focused Ready to Learn	YELLOW ZONE Frustrated Worried Silly/Wiggly Excited Loss of Some Control	RED ZONE Mad/Angry Terrified Yelling/Hitting Elated Out of Control

Please do not hesitate to contact your child’s class teacher for more information.

Lost Property

Please can you check the box to see if there is any lost property that belongs to your child as the amount of lost property seems to be increasing at an alarming rate.
Thank you



Norfolk Tapping House Rudolph Run

Thank you to all the parents who have already handed in their child’s Norfolk Tapping House Rudolph Run sponsor forms and money. If you haven’t handed in your child’s money yet please can you do so next week as we are trying to arrange the collection. Thank you





Outstanding Monies

Please could all outstanding monies be paid. Please can we also remind you to make payment when booking your child's lunch, childcare or breakfast club. It is taking the school office an increasing amount of time to reconcile the weekly banking because of this issue. If you are having trouble paying, please speak to the office or Toni Clarkstone as they will be happy to set up a payment plan for you. Thank you.

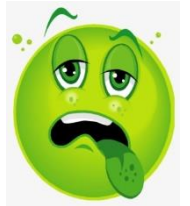


Pre-school

It is never too early to place your child's details on the list indicating you wish them to attend St Germans Pre-school. Please speak to the school office to have your child added to the list, we can then arrange to have a pack sent home in good time for them to start. Thank you

Absences

If your child is absent from school and you leave a telephone message or send an email/Class Dojo message, please can you give the reason your child is off not just say they are poorly or feeling unwell. The office will contact you for symptoms of their illness if you do not say in your original message. Thank you.



Reminder

A quick reminder that children should not be wearing jewellery to school apart from stud earrings. It is important that children are able to remove these themselves during P.E. We also ask that children do not come to school wearing any form of make-up. Thank you.

Winnie the Pooh Lunch

Winnie the Pooh Lunch is on Thursday 18th January. The letter and menu for this event was sent home with your child earlier this week. Deadline is 9.30am Monday morning to book your child in for this lunch, there will be no other lunch options available on this day. Thank you



Year 5 & 6 Residential Trip

Ladybirds ~ Please continue making payments via ParentPay for this trip. If you have any questions or issues about payments, please contact the school office.

Parking

Please can we remind parents to use the **one way system** in the car park next to the school, coming into the car park by the entrance nearest the school and out of the car park the village hall end.

Please do not park on the yellow lines on the roads around the school as this blocks the view of children walking to school. Please keep the area beside the post office clear so post vans can get to the post office to pick up /drop off their sacks of post as well as the lane beside the school in case emergency vehicles or homeowners need to use the lane. Thank you



Diary Dates

Dragonflies Swimming this term on Tuesday mornings.

January 2024

Thurs 18th ~ Winnie the Pooh Lunch for children who have prebooked.

Wed 31st ~ Deadline for Year 6 Children to hand in their completed Bikeability Forms

February

Thurs 1st ~ Young Voice Choir Trip to Wembley

Mon 5th ~ Chinese New Year Special Lunch – Information to follow.

Mon 12th ~ WNSSP Tag Rugby (Event postponed from Autumn Term)

Wed 14th ~ Friends of the School Valentine Disco

Fri 16th ~ Break up for Half Term

Mon 26th ~ Back to School

March

Thurs 7th ~ World Book Day Lunch

Thurs 14th ~ WNSSP Netball Bee Festival for Selected Year 3 and 4 children

Fri 22nd ~ FOS Easter Event – more information to follow.

Mon 25th to Wed 27th ~ Residential Trip for Ladybirds Class

Thurs 28th ~ Break up for Easter Holidays

April

Mon 15th ~ Back to School

Mon 29th ~ WNSSP Tri-golf Festival for selected Y1, Y2, Y3 & Y4 children

May

Wed 1st ~ Nursing Team to see Reception Children and Year 6

Fri 3rd ~ Crucial Crew Event for Year 6

Tues 14th ~ Dragonflies Trip – Information to follow